

# Services and benefits from A to Z

From "acupuncture" to "vaccinations" – we offer more.

## Acupuncture

Our "Modellvorhaben Akupunktur" [Model Project on Acupuncture] has contributed significantly to the recognition of acupuncture as an effective form of treatment. You can use this service if you have chronic back or knee pain. ([search code 2071128](#)<sup>1</sup>)

## Alternative medicine

We pay up to 100 EUR per calendar year to help cover the costs of homoeopathic, anthroposophic and herbal (phytotherapeutic) remedies. All the doctor's surgery has to do is issue a private or green prescription. Medically necessary natural remedies for children aged under 12 are billed directly through the TK eHealth card. ([search code 2001026](#)<sup>1</sup>)

## Drug database

You have free access to the Stiftung Warentest drug information database – containing more than 8,000 tested and rated drugs with price comparisons. [The Stiftung Warentest is an independent foundation for consumer protection.] ([search code 2009706](#)<sup>1</sup>)

## Free choice of doctor and hospital

Choose doctor's surgeries and hospitals you can put your trust in. With us, that goes without saying. You and your doctor decide together which hospital to go to. Just make sure you choose a SHI<sup>2</sup>-accredited hospital or SHI<sup>2</sup>-accredited doctor's surgery. ([search code 2052946](#)<sup>1</sup>)

## Home help

Do you have children aged under 14 at home, or a disabled child who needs help? And is there no-one else in your household who can fill in for you? If this is the case, you will be assigned someone to help out at home. Condition: you are unable to look after your children on health grounds, or you have to accompany another child – insured with TK – to hospital or the doctor's surgery. ([search code 2017710](#)<sup>1</sup>)

## Skin cancer screening from just 20 years of age

We cover skin cancer screening for TK insurees aged just 20 and upwards – earlier than required by law. You can get your skin checked every 2 years by a dermatologist participating in this TK agreement. ([search code 2010252](#)<sup>1</sup>)

## Midwife on call

We pay up to 250 EUR towards the cost of an on-call midwife. This is generally billed as a flat rate. Just send us your midwife's original invoice. ([search code 2007806](#)<sup>1</sup>)

## Homeopathy

You can get homoeopathic treatment from any SHI<sup>2</sup>-accredited doctor in Germany who offers this service. We cover the cost of a comprehensive initial medical health history (approx. 60 minutes). This may be followed by progress reports and shorter homoeopathic consultations. The good thing about this is that you will not be charged any further costs. ([search code 2002136](#)<sup>1</sup>)

## Osteopathy

Many people value osteopathy as a complement to conventional medicine. We cover part of the costs if your doctor prescribes osteopathy before your treatment begins. Important: your osteopath must be properly trained and qualified. ([search code 2001884](#)<sup>1</sup>)

## Travel vaccinations

If you are taking a private trip abroad, we will cover the costs of vaccinations recommended by the "Ständige Impfkommision" (STIKO) [Standing Committee on Vaccination] for your destination country (less a co-payment for the vaccine if applicable). These includes, for example, vaccinations against hepatitis A and B or malaria. ([search code 2009676](#)<sup>1</sup>)

## Sports medical examinations

We subsidise medical examinations and consultations with sports physicians every 2 years provided they are approved to offer these. You will be reimbursed 80 per cent of the invoice amount. The maximum amounts repayable are 60 EUR for the basic examination and no more than 120 EUR for the extended examination. The basic examination is included in the extended examination. ([search code 2009848](#)<sup>1</sup>)

<sup>1</sup> We regret, but this information is currently only available in German.

<sup>2</sup> SHI = statutory health insurance

## TK-App

With the TK-App you have your insurance always ready in your pocket. You can use it for example to

- send us fit notes and documents
- send us messages
- receive TK letters online
- use the entire TK Bonus Plan digitally
- use the fitness programme with access to the Apple Health app or Google Fit

(search code [2023650](#)<sup>1</sup>)

## TK Bonus Plan

It always pays off to look after your own health. However, good resolutions sometimes get lost in the hustle and bustle of everyday life. This is why we help you to stay motivated. Take part in our TK Bonus Plan.

(search code [2000672](#)<sup>1</sup>)

## TK-EuropaService [TK EuropeService]

You can benefit from our special agreements with regional hospitals and doctor's surgeries in many of Europe's holiday regions. In the event of an emergency, these quality-controlled health care providers will give you the help you need – often more than that normally available in your destination country.

(search code [2017068](#)<sup>1</sup>)

## TK-GesundheitsCoach [TK HealthCoach]

Our TK-GesundheitsCoach takes care of you 24 hours a day. Try out our digital personal coaches and learn about stress management, burnout, diabetes, nutrition, fitness, headaches and stopping smoking.

(search code [2023460](#)<sup>1</sup>)

## TK-Klinikführer [TK-Hospital Guide]

We provide information about more than 1,000 hospitals to help you choose the right one. You can use the TK-Klinikführer to find out how satisfied other TK insureds were with their hospital stay.

(search code [2020998](#)<sup>1</sup>)

## TK services

We are here for you – in many different ways and regardless of office hours.

Through **TK-MediCall**, for example, where around 100 doctors immediately provide competent answers to your questions round the clock.

(search code [2009666](#)<sup>1</sup>)

Or **TK-FamilyMediCall**, where you can talk to a paediatrician if you are concerned about your child.

(search code [2009668](#)<sup>1</sup>)

Are you travelling abroad and in need of medical advice? **TK-TravelMediCall** will provide support – and help you look for German or English-speaking doctors at your holiday destination.

(search code [2009644](#)<sup>1</sup>)

Our **TK-AppointmentService** makes appointments with your family doctor or specialist (except for appointments for the treatment of mental health problems).

(search code [2009696](#)<sup>1</sup>)

## TK optional plans

Customise your insurance cover depending on your personal requirements. TK offers numerous optional plans with which you can make use of additional services or save money. Choose TK-Tarif [TK plan] Traveller, for example, to get travel health insurance anywhere in the world and benefit from exclusive services.

(search code [2008436](#)<sup>1</sup>)

## Routine check-ups for school-age children

We cover U10 (7 to 8 years), U11 (9 to 10 years) and J2 (16 to 17 years) check-ups to close the gaps in the screening tests provided for your children.

(search code [2010186](#)<sup>1</sup>)

## Supplementary insurance with your TK

You can enhance your insurance cover with the many additional insurance services offered by our exclusive cooperation partner **Envivas Krankenversicherung AG**. Take advantage of this offer, e.g. to get treatment from a chief physician, dentures or travel health insurance for trips abroad. There are of course tariffs that offer you financial protection if you become reliant on permanent care – in fact, these are government-subsidised. (search code [2008436](#)<sup>1</sup>)

## Voted the winner by FOCUS-MONEY



We offer more! Independent testing institutions confirm this. FOCUS-MONEY, for example, has rated us Germany's best health insurance fund the 15th time in a row (issue 7/2021).

## Always here for you

Our ServiceTeam is available 24 hours a day, 365 days a year – by phone, e-mail or online. If you are online, just choose between **tk.de** or our **TK-App**.

Please enter the search codes mentioned in the text on our website **tk.de**. Some of the information provided at **tk.de** is only available in your personal password-protected area "**Meine TK**" ["**My TK**"].

<sup>1</sup> We regret, but this information is currently only available in German.